

## UNION HIGH SCHOOL Careers: Community Service

The Union School District takes great pride in its relationship with the community. In fact, our mission statement emphasizes that what we do, we do “in harmony with our community”. To demonstrate that partnership, each student in grades 9-12 must complete 5 hours of volunteerism as part of the Careers course. Students must fulfill this requirement to pass the course.

Five hours during a school year isn’t much time; you can do this easily. Think of things you may be doing now that might qualify as community service. If you are a member of NHS, you already do service projects. If you help with Lunch Buddies, you are set. What about Special Olympics in the Spring? Do you donate blood—how long does it take to give a pint? Do you have an elderly neighbor who needs help with lawn work? If we have a lot of snow this winter, how about some shoveling? Are you involved with your local church? Think of it this way: What can I do to help someone else?

Here are the guidelines:

- ☞ You can receive no compensation or payment—*it is volunteerism.*
- ☞ You must work with someone outside your immediate family—*it is community.*
- ☞ You must record the time and type of activity—*it is an assignment.*
- ☞ You can do this at different times—*it is flexible.*
- ☞ You can partner with a friend or teammate for a group project—*if you aren’t careful you might enjoy it!*

Check with your instructor or another teacher if you have questions or need ideas.

| UNION HIGH SCHOOL<br>Community Service Log Sheet |            |                         |              |
|--|------------|-------------------------|--------------|
| Date   | Time Spent | Description of Activity | Verified by: |
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|  |            |                         |              |
|  |            |                         |              |

By signing below, I affirm I completed the required hours of Community Service as described above.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Turn in completed form to your instructor.